

### THE FOOT PRINTS







### Principal's Desk

On behalf of our entire staff, I would like to welcome our new students and our existing students! It is with great honor and much enthusiasm that we publish our first Newsletter 'Footprints', for the academic year 2020-2021. Much planning and hard work has gone into preparing for a successful school year. This promises to be an eventful year where we are called to exercise strength and adaptability to our situation. Looking forward to our collaboration in providing a safe and nurturing environment as well as a challenging and diverse curriculum.





## tis

### Where online learning is made exciting!





Instructions via Google Classroom and Meet

Registered TIS ID Per Student



Specialised Pattern To Reduce Screen Time

**ADMISSIONS OPEN** 

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FOR AY 2020-21!

#### SAY YES TO

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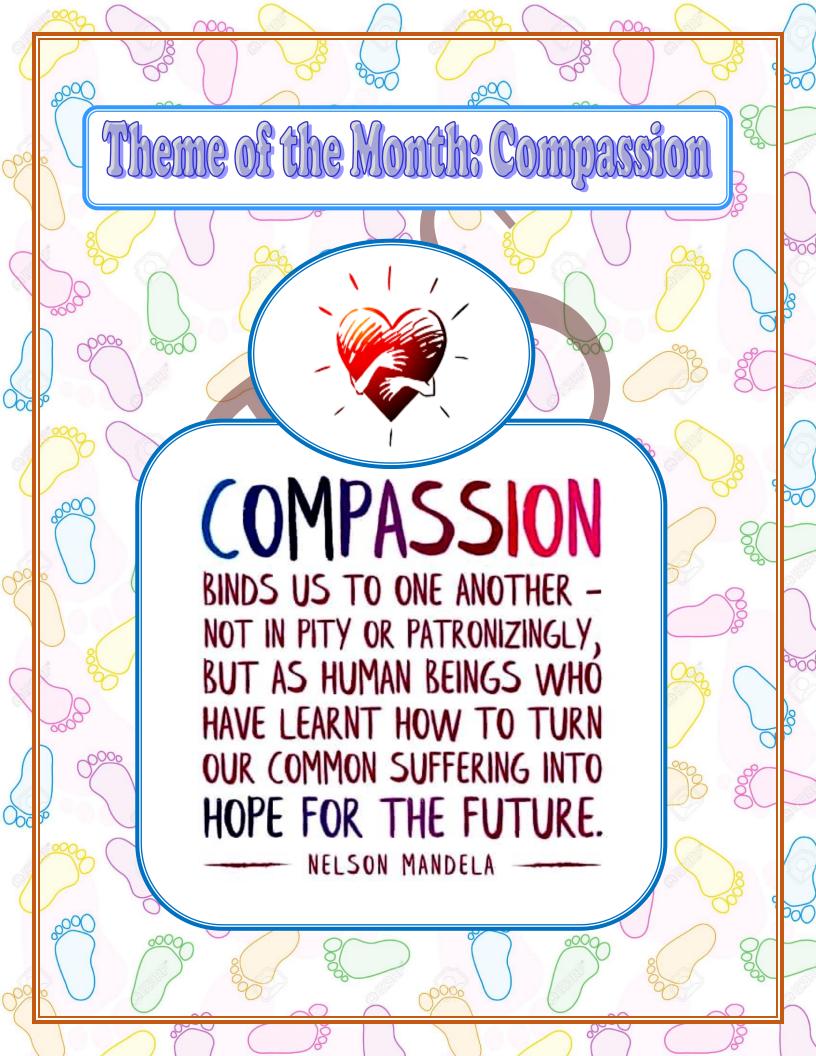
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ADMISSIONS OPEN AY 2020-21

Cambridge Assessment International Education
Cambridge International School

Admissions Open for Playgroup to Grade 12





# **Glimpses of the Online Class**

Online classes began in the month of April for our board grades, that is, Grade 10 and A levels. Thakur International School is always striving to encourage its learners to excel in life. Despite difficult situations, our teachers and learners have collaborated effectively to make learning successful and enriching.



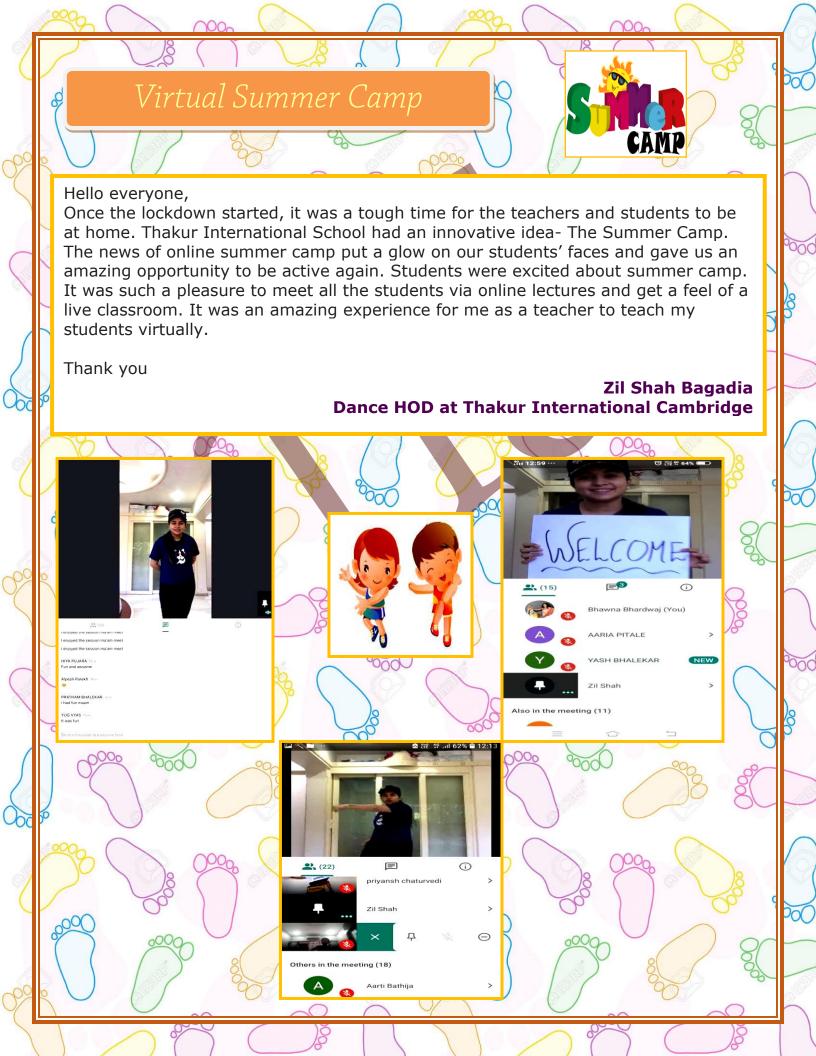




Welcome board by Ms. Chaitra Shetty









#### **Akshay Wadekar- P.E Teacher (Thakur International School)**

It was a great experience taking online activity, as it was new for me. I was nervous about how it will go but the higher authorities of the school supported us throughout the entire e-learning process. On the first day, we did fitness exercise and students were missing P.E lectures.

### Robert Mukundan- Music Teacher (Thakur International School)

Summer Camp was a melodious experience, despite the new set –up of online learning. Our young learners were filled with excitement for the summer camp and so were the teachers.

Kids learnt functions on the keyboard: Style, tempo, voices, transpose, and metronome. They also learnt theories behind forming major and minor chords and scales, as well as to distinguish between major and minor chords and scales thus improving aural skills.

Higher grade students were introduced to different types of minor scales, namely, natural minor, harmonic minor and melodic minor.

The best part was when kids practised and sang the song 'Maa' from the movie 'Taare Zameen Par' for Mother's day which was celebrated on 10<sup>th</sup> May.

Summer camp filled us with enthusiasm, positivity and uplifted our spirits.





Practise Yoga everyday to transform your body and mind physically, mentally and spiritually.

Watch our teachers and student practising the Yoga asanas everyday to keep them fit and healthy.

https://m.youtube.com/watch?feature=youtu.be&v=86jPGfkzViQ

### June 21: International Day of Yoga or Yoga Day

"Yoga with Gurus"

The first International Day of Yoga was observed around the world on 21 June 2015.

177 nations have joined as co-sponsors, the highest number ever for any General Assembly resolution. Yoga is a way to freedom, by its constant practice, we can free ourselves from fear, anguish and loneliness.

> The word 'yoga' derives from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness.

Benefits of yoga



Increased flexibility



Weight reduction





Mental claritu and calmness



Increased muscle strength and tone



Cardio and circulatory health



Increases body awareness



Improved respiration, energy and vitality



Improved athletic performance



Relaxes the mind



Maintaining a balanced metabolism



Stress management



Sharpens concentration





### Indian Centre for Plastics in the Environment

With an objective to create awareness on the importance of the appropriate methods of plastic waste disposal, the need to stop littering and to emphasize that life without plastic is unimaginable and therefore the need to act responsibly towards the disposal of used plastic, the Indian Centre For Plastic in the Environment (ICPE) had organised a webinar on the same to create awareness amongst the TIS- Cambridge students, parents and staff on 2<sup>nd</sup> July 2020.



- Vaccination (vials, syringes)
- Personal Hygiene -(Frequent Hand Washing)
- · Physical Distancing
- PPEs

#### Medical — Devices

- Heart Lung Machine
- Oxygen Mask
- Incubators
- Luers / Connectors



#### Plastic Products & Accessories

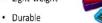




- Non woven gowns Medical vials
- Sample Bottles

#### Plastics - Versatility





- · Water / Moisture resistance
- · Corrosion resistance
- · Insulation properties
  - Thermal
  - Electrical
- · Barrier properties (O2, WV)
- · Safe & Hygienic

Preserving food and reducing losses are major benefits of plastics





















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### Results:

We congratulate our best of 5% achievers and wish our learners the very best on their journey ahead.

And TIS promises to continue to be a space for unbridled growth and nurturing of young talent and genius.



**ENABLING ACADEMIC SUCCESS** 

### Congratulations ?

BEST OF 5 %









90.60% PARIKH



89.40%



We congratulate our brilliant minds for achieving excellence in academics. Your practice, persistence, and passion has shown results and you are now a source of inspiration to many young TIS learners. We wish you good luck with your journey

